



XII. EUROPEAN MASTERS CHAMPIONSHIPS IN SWIMMING, DIVING, OPEN WATER SWIMMING AND SYNCHRONIZED SWIMMING 2009 CADIZ AND SEVILLE/SPAIN

ENTRY TIMES SWIMMING MEN

	50 Free	100 Free	200 Free	400 Free	800 Free
25-29	0:28,25	1:07,50	2:22,50	5:15,00	11:00,00
30-34	0:29,50	1:10,00	2:25,00	5:22,50	11:30,00
35-39	0:30,75	1:12,50	2:30,00	5:30,00	12:00,00
40-44	0:32,50	1:17,50	2:37,50	5:45,00	12:30,00
45-49	0:33,75	1:20,00	2:45,00	6:00,00	13:00,00
50-54	0:35,00	1:25,00	2:52,50	6:15,00	13:30,00
55-59	0:37,50	1:30,00	3:00,00	6:30,00	14:00,00
60-64	0:40,00	1:35,00	3:15,00	6:45,00	15:00,00
65-69	0:42,50	1:40,00	3:30,00	7:30,00	16:00,00
70-74	0:45,00	1:45,00	3:45,00	8:15,00	17:00,00
75-79	0:50,00	1:50,00	4:00,00	8:45,00	18:00,00
80-84	0:55,00	1:57,50	4:30,00	9:30,00	19:00,00
85-89	1:00,00	2:05,00	5:00,00	10:15,00	20:30,00
90-94	1:10,00	2:30,00	5:30,00	11:00,00	23:00,00
95+	1:22,50	3:00,00	6:30,00	13:00,00	27:00,00

ENTRY TIMES SWIMMING MEN

	50 Back	100 Back	200 Back
25-29	0:34,00	1:15,00	2:42,50
30-34	0:35,50	1:17,50	2:45,00
35-39	0:37,00	1:20,00	2:52,50
40-44	0:38,50	1:25,00	3:00,00
45-49	0:40,00	1:30,00	3:10,00
50-54	0:42,50	1:35,00	3:20,00
55-59	0:45,00	1:40,00	3:30,00
60-64	0:50,00	1:50,00	3:45,00
65-69	0:55,00	2:00,00	4:00,00
70-74	1:00,00	2:15,00	4:15,00
75-79	1:05,00	2:22,50	4:45,00
80-84	1:10,00	2:30,00	5:15,00
85-89	1:20,00	2:45,00	6:00,00
90-94	1:30,00	3:15,00	6:45,00
95+	1:45,00	3:45,00	7:45,00

ENTRY TIMES SWIMMING MEN

	50 Breast	100 Breast	200 Breast
25-29	0:36,00	1:22,50	2:57,50
30-34	0:37,50	1:25,00	3:05,00
35-39	0:38,75	1:27,50	3:12,50
40-44	0:40,00	1:30,00	3:20,00
45-49	0:42,50	1:35,00	3:30,00
50-54	0:45,00	1:40,00	3:45,00
55-59	0:50,00	1:50,00	4:00,00
60-64	0:55,00	2:00,00	4:15,00
65-69	1:00,00	2:10,00	4:30,00
70-74	1:05,00	2:20,00	5:00,00
75-79	1:10,00	2:30,00	5:30,00
80-84	1:17,50	2:45,00	6:00,00
85-89	1:25,00	3:00,00	6:30,00
90-94	1:37,50	3:30,00	7:15,00
95+	1:50,00	4:15,00	9:00,00

ENTRY TIMES SWIMMING MEN

	50 Fly	100 Fly	200 Fly	200 I. M.
25-29	0:32,50	1:15,00	2:45,00	2:50,00
30-34	0:33,75	1:17,50	2:52,50	3:00,00
35-39	0:35,00	1:20,00	3:00,00	3:10,00
40-44	0:37,50	1:22,50	3:10,00	3:20,00
45-49	0:40,00	1:25,00	3:20,00	3:30,00
50-54	0:42,50	1:30,00	3:30,00	3:45,00
55-59	0:45,00	1:40,00	3:45,00	4:00,00
60-64	0:50,00	1:50,00	4:00,00	4:15,00
65-69	0:55,00	2:00,00	4:15,00	4:30,00
70-74	1:02,50	2:15,00	4:45,00	4:45,00
75-79	1:10,00	2:30,00	5:15,00	5:00,00
80-84	1:17,50	2:45,00	5:45,00	5:30,00
85-89	1:25,00	3:00,00	6:30,00	6:00,00
90-94	1:40,00	3:30,00	7:30,00	6:30,00
95+	2:00,00	4:15,00	8:45,00	7:15,00

Please Note: No standard times for relays.

16. February 2008

**XII. EUROPEAN MASTERS CHAMPIONSHIPS
IN SWIMMING, DIVING, OPEN WATER SWIMMING
AND SYNCHRONIZED SWIMMING 2009
CADIZ AND SEVILLE/SPAIN**

ENTRY TIMES SWIMMING WOMEN

	50 Free	100 Free	200 Free	400 Free	800 Free
25-29	0:32,50	1:20,00	2:45,00	6:30,00	13:30,00
30-34	0:33,75	1:22,50	2:52,50	6:45,00	14:00,00
35-39	0:35,00	1:25,00	3:00,00	7:00,00	14:30,00
40-44	0:37,50	1:27,50	3:07,50	7:15,00	15:00,00
45-49	0:40,00	1:30,00	3:15,00	7:30,00	15:30,00
50-54	0:42,50	1:37,50	3:30,00	7:45,00	16:00,00
55-59	0:45,00	1:45,00	3:45,00	8:00,00	16:30,00
60-64	0:50,00	1:52,50	4:00,00	8:30,00	17:30,00
65-69	0:55,00	2:00,00	4:15,00	9:00,00	18:45,00
70-74	1:00,00	2:10,00	4:30,00	9:30,00	20:00,00
75-79	1:05,00	2:20,00	4:45,00	10:00,00	21:15,00
80-84	1:10,00	2:30,00	5:15,00	10:45,00	23:00,00
85-89	1:15,00	2:45,00	5:45,00	12:00,00	24:30,00
90-94	1:20,00	3:00,00	6:15,00	13:00,00	26:30,00
95+	1:30,00	3:15,00	6:45,00	14:00,00	29:00,00

ENTRY TIMES SWIMMING WOMEN

	50 Back	100 Back	200 Back
25-29	0:38,75	1:25,00	3:00,00
30-34	0:40,00	1:30,00	3:10,00
35-39	0:42,50	1:35,00	3:20,00
40-44	0:45,00	1:40,00	3:30,00
45-49	0:50,00	1:50,00	3:45,00
50-54	0:55,00	2:00,00	4:10,00
55-59	1:00,00	2:10,00	4:30,00
60-64	1:05,00	2:20,00	4:55,00
65-69	1:12,50	2:30,00	5:15,00
70-74	1:20,00	2:45,00	5:30,00
75-79	1:27,50	3:00,00	6:15,00
80-84	1:30,00	3:15,00	6:45,00
85-89	1:45,00	3:45,00	7:30,00
90-94	2:00,00	4:15,00	8:45,00
95+	2:15,00	4:45,00	10:00,00

ENTRY TIMES SWIMMING WOMEN

	50 Breast	100 Breast	200 Breast
25-29	0:43,75	1:37,50	3:22,50
30-34	0:45,00	1:40,00	3:30,00
35-39	0:47,50	1:45,00	3:40,00
40-44	0:50,00	1:50,00	3:50,00
45-49	0:52,50	1:55,00	4:00,00
50-54	0:55,00	2:00,00	4:15,00
55-59	0:57,50	2:10,00	4:30,00
60-64	1:00,00	2:20,00	4:45,00
65-69	1:05,00	2:30,00	5:15,00
70-74	1:10,00	2:40,00	5:45,00
75-79	1:20,00	2:50,00	6:15,00
80-84	1:30,00	3:05,00	6:45,00
85-89	1:40,00	3:30,00	7:30,00
90-94	1:50,00	3:45,00	8:15,00
95+	2:00,00	4:15,00	9:00,00

ENTRY TIMES SWIMMING WOMEN

	50 Fly	100 Fly	200 Fly	200 I. M.
25-29	0:36,75	1:22,50	3:15,00	3:20,00
30-34	0:38,00	1:25,00	3:22,50	3:30,00
35-39	0:40,00	1:30,00	3:30,00	3:40,00
40-44	0:42,50	1:35,00	3:40,00	3:50,00
45-49	0:45,00	1:40,00	3:50,00	4:00,00
50-54	0:50,00	1:50,00	4:00,00	4:15,00
55-59	0:55,00	2:00,00	4:15,00	4:30,00
60-64	1:00,00	2:10,00	4:30,00	4:45,00
65-69	1:05,00	2:17,50	4:45,00	5:00,00
70-74	1:10,00	2:30,00	5:15,00	5:30,00
75-79	1:17,50	2:45,00	5:45,00	6:00,00
80-84	1:25,00	3:00,00	6:15,00	6:30,00
85-89	1:35,00	3:30,00	7:15,00	7:15,00
90-94	1:45,00	4:00,00	8:15,00	8:15,00
95+	1:55,00	4:30,00	9:30,00	9:30,00

Please Note: No standard times for relays.

16. February 2008